



## ***Cooperative Co-Parenting***

***A free three-part series for non-married, separated, or divorced parents, and other caregivers, raising children together who share separate households***

### **Discussion Includes:**

- *Coping through Separation and Transitions*
- *Skills Training for dealing with stress and anger*
- *Positive Communication Strategies*
- *Tools to reduce conflict in the life of your child, and yours*
- *Negotiating Agreements*
- *Mediation and Guardianship*

**When:** Thursdays, February 2, February 9, and February 16

**Time:** 6:00 – 8:00 PM

**Cost:** Free of charge

**Where:** The Family Resource Center, 635 Main Street, Laconia, NH

**Presenters:** Jay Apicelli, MS, Family Mediator and Human Services Educator, Janice L. McLaughlin, Attorney At Law and G. A. L., and Tammy Emery, Step Ahead Family Support Specialist, Lakes Region Community Services

Attendance certificates and light refreshments provided. On-site childcare and assistance with transportation available upon request.

***sponsored by:***



**To Register:** Contact Shannon, Family Resource Center of Central NH  
Phone: 603/524-1741 Ext. 15 or Email: [shannonr@LRCS.org](mailto:shannonr@LRCS.org)